



Eaglet News

This week we celebrated and explored *Children's Mental Health Week*. The theme this year was 'Let's Connect'. We completed a range of activities that involved connecting with others and recognising the importance of doing so to make us feel happy.

We started the week discovering what mental health is. We talked about emotions, recognised our own and others, and explored how our mood can change in different scenarios.

We read and explored the book 'The Invisible String'; sharing who we love, who we feel connected to and remembering that, whether someone is close by or not, we are always connected to them by a thread of love.



We completed a range of activities that made us feel happy and calm, including 'rainbow' breathing, daily mindfulness colouring and playing with and alongside others. We took part in a yoga session with thanks to one of our lovely parents! Check Twitter for photographs.

We hope you all have a lovely half term!

Messages

Tapestry

The next observation of your child has been uploaded to Tapestry, so please do take a look at how they are doing in school! If you're unable to log in, please email eyfs@stjohnsce.lbhf.sch.uk

Stay and Play

The first Stay and Play session will take place on Tuesday 21st February. If you have signed up to this slot, please drop your child off as usual and then enter the school building through the main office to sign in.

Water Bottles

Your child should have a reusable water bottle in school every day. Although there are cups of water in the classroom and at lunch, this enables them to take water with them around the school building. Please remind children to do their bottles up tightly before putting them into their bags.

Congratulations to our Stars of the Week

Nursery – Rufus



RE – Luca



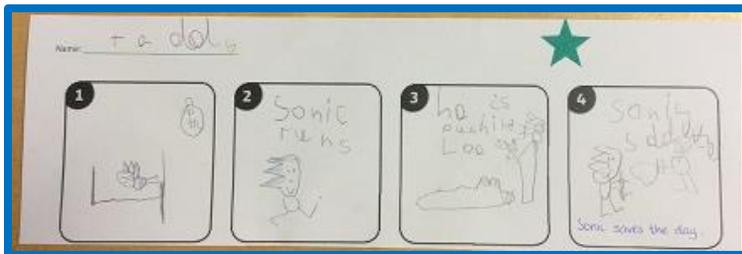
RM – Toby



Reception

This week

Reception have been exploring heroes this week. We learnt that a hero can be a fictional character or a real-life hero. We spoke about who our heroes are, the characteristics that make them a hero and wrote our own superhero stories!



Next Week

Personal, Social and Emotional Development

We will begin our learning of the topic, Healthy Me. We will explore what makes our bodies healthy and how to stay healthy as we grow.

Communication, Language and English

We will be reading the text 'Errol's Garden'; exploring poetry, using our imagination to design our own dream garden, and using our newly found knowledge of plants to write a letter. In Phonics we will be reviewing all taught sounds and HRSW.

Physical Development

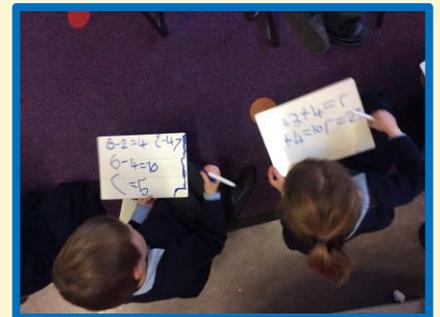
We will be using our knowledge of staying healthy to discover how we apply this within our everyday lives.

Mathematics

We will begin our topic of equal groups. We will explore what makes an equal group and practice counting in equal groups to add them together.

Religious Education

We will be learning about the Christian story of Palm Sunday.



Nursery

This Week

This week, Nursery enjoyed taking part in a 'big marks' session. This involves classical music and the opportunity for everyone to make marks collaboratively!



Next Week

Personal, Social and Emotional Development

This half term we will focus on how to keep our bodies healthy. We will start to identify parts of our body and understand the need to be active.

Communication, Language and English

We will be exploring non-fiction texts about seasons and the changes we see around us. In phonics we will learn the sounds c and k.

Physical Development

We will work on keeping healthy with a variety of physical activities both inside and on the playground.

Mathematics

We will be working on maths stories with numbers to five.

Understanding the World

We will explore the seasons and weather, as we look at the changes that occur between Winter and Spring.

Expressive Art and Design

We will be working on the skill of drawing, focusing on how we can all draw.

